



TO : NEWS EDITORS

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MEDIA ADVISORY

THE MPUMALANGA DEPARTMENT OF EDUCATION TO HOST THE PROVINCIAL SECONDARY SCHOOLS TRACK AND FIELD CHAMPIONSHIPS

The Mpumalanga Department of Education will host the Provincial Secondary Schools Track and Field Championships on, **Saturday, 05 March 2016** in Secunda Stadium from **08h00 until 15h00**; each District is expected to bring a contingent of 190 athletes, inclusive of learners from the special schools.

The Championships is the culmination of events that took place in various Circuits in the Province and subsequently on 26 February 2016 the four Districts (**Bohlabela, Ehlanzeni, Gert Sibande and Nkangala**) selected their teams that will participate at the Provincial Championships.

The Schools Sports forms part of the extracurricular activities which are very important in helping the learners develop many skills. Besides it being fun and a great way to socialize with peers, extracurricular activities can enhance students' time management, people management and stress management skills and also improving their overall productivity.

The programme of the day will include among others the following:

Field events : Discuss, Short put, Javelin, Triple Jump, High Jump, Long Jump
Track events : 100m, 200m, 400m, 800m, 1500m, 300m, 5000m and Hurdles.

The participating age groups in the above mentioned events will be:

U/15 Boys and Girls
U/17 Boys and Girls
U/19 Boys and Girls

The winners in this Championship will represent the Province at the National Championships to be held on 16 – 19 March 2016 in Bloemfontein. Mpumalanga Province is expected to send 130 mainstream learners and 60 learners with special education needs to the National Championships.

All Media is invited



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